

# LUNCH MENU

SERVED UNTIL 4PM



6230 Town Center Way  
Livingston, NJ 07039  
973.992.8999  
[www.thavmagrill.com](http://www.thavmagrill.com)

## SOUPS - \$4.50

(Daily)

### Chicken Avgolemono

(Soups below Alternate Daily)

### Lentil

### Fasolada (Bean)

### Split Pea

## THAVMA SPREADS

SERVED WITH WARM PITA WEDGES

HUMMUS - 6                      TZATZIKI - 6  
TARAMA - 6                      BABA GHANOUSH - 6  
DOLMADES - 5                      ROASTED BEETS - 6  
BRUSCHETTA - 6

### ASSORTED COLD PLATTER

PICK ANY THREE (3) - 9      ALL SEVEN (7) - 16

## STARTERS

**SPINACH & ARTICHOKE DIP** - Served with chips - 8

**THAVMA CHIPS** - Thinly sliced zucchini, lightly fried - 8

**LOUKANIKO** - Char-Grilled seasoned Greek sausage - 8

**SPINACH PIE** - freshly chopped spinach & feta mixture in a fillo shell - 7

**FALAFEL CAKES** - Fried croquettes of ground, herbed garbanzos, served with our homemade hummus - 6

**OREGANO WINGS** - Flash-fried jumbo chicken wings sprinkled with lemon, oregano and pepper - 8

**SHRIMP SAGANAKI** - Sautéed shrimp, garlic, fresh tomato & topped with broiled Kefalograviera cheese - 11

**CALAMARI** - breaded calamari tubes, fried to a golden brown - 10

**OCTOPUS** - Char-grilled baby octopus, red onion, grilled pepper, Dijon Ladolemono, balsamic drizzle - 15

## SALADS

**MIXED GREENS** - Organic Mixed Field Greens, Romaine, tomato, cucumber - 7

**CAESAR** - Romaine, homemade herbed croutons, creamy Caesar dressing - 7

**GREEK** - Romaine, tomato, cucumber, red onion, pepper, Feta, Kalamata olives, house vinaigrette. - 8

**TABOULI** - Chopped parsley, green onions, tomatoes and bulgur dressed with lemon and olive oil - 8

**ISRAELI COUSCOUS** - cumin infused with roasted peppers - 8

**VILLAGE** - Chopped tomato & cucumber with red onions, feta, Kalamata olives - 9

**SPINACH** - fresh baby spinach tossed with goat cheese, roasted beets, croutons, Balsamic vinaigrette - 8

*We may chop your salad upon request. All salads come lightly dressed, unless specified otherwise. Olives may contain pits.*

### TOP OFF YOUR SALAD

GRILLED CHICKEN - 4

GRILLED CALAMARI - 5

FALAFEL - 4

TUNA SALAD - 4

GRILLED OCTOPUS - 6

GRILLED SHRIMP - 6

GRILLED SALMON - 6

GRILLED VEGETABLES - 3

## FLATBREAD WRAP

TOPPED WITH RED ONION,  
TOMATO & TZATZIKI

CHICKEN - 7                      SHRIMP - 9

ANGUS STEAK - 8                      PORK - 7

FALAFEL\* - 7                      LAMB - 9

KOFTA - 7                      GRILLED VEG - 6

ADD FRIES - 2

\*Falafel Topped with Hummus

## GOURMET BURGERS

8OZ. ANGUS BEEF - SERVED WITH GREEK FRIES

**CHEESEBURGER** - American Cheese,  
Lettuce, ripe tomato - 8

**THAVMA BURGER** - Peppered Bacon,  
Vermont Cheddar, sautéed onions - 10

**TURKEY BURGER** - American Cheese,  
ripe tomato, crisp lettuce - 8

## PANNINI

ON GRILLED FLATBREAD WITH GREEK FRIES

**CHICKEN** - Grilled Chicken, sautéed  
onions & peppers, Mozzarella - 9

**STEAK** - Grilled Angus Steak, sautéed  
onions, Vermont Cheddar - 11

**VEGETARIAN** - Grilled Vegetable &  
Mozzarella - 8

## LUNCH SPECIALTIES

**LUNCH KABOB** - Warm Pita, Greek Salad, Fries & Tzatziki  
Chicken/Pork/Grilled Veg/Falafel - 9.50 / Steak-10.50/Lamb, Shrimp - 11

**SPINACH & FETA OMELETE** - Served with cup of soup and  
French fries. - 7

**SOUP & SALAD** - Greek Salad served with bowl of soup - 7

**SPINACH PIE & SALAD** - Flakey Spinach Pie served with  
Greek Salad - 8

**VEAL MILANESE** - Lightly breaded milk-fed baby veal;  
baby arugula, ripe tomato, fresh basil. - 12

**LAMB & ORZO** - Boneless lamb slowly braised in our home-  
made tomato sauce; over orzo. - 11

**LUNCH MOUSAKA** - Our famous homemade Mousaka, choice  
of soup or salad. - 11

## FRESH SEAFOOD

**GRILLED CALAMARI** - Sliced Calamari Tubes drizzed with  
Dijon Ladolemono. Side Greek Salad - 10

**THAVMA TUNA SALAD** - Made fresh daily, served on eight  
grain bread, lettuce, tomato with Greek Fries. - 8

**GRILLED SALMON OVER BABY FIELD GREENS** - Char-grilled  
Atlantic Salmon, ripe tomato, field greens. Cup soup. - 12

**GRILLED SWORDFISH** - served over pilaf with Greek Salad  
& our Lemon sauce - 12

**SHRIMP SCAMPI** - Served over tender pasta. Cup soup. - 12

**FISH SANDWICH** - Breaded Flounder, lightly fried and served  
on toasted flatbread; lettuce, tomato & homemade THAVMA  
Tarter with country Pilaf. Cup of soup. - 10

SUBSTITUTE VEGETABLE FOR STARCH - \$2 MORE

SUB SAUTÉED SPINACH FOR STARCH - \$3 MORE

A GRATUITY OF 18.5% WILL BE ADDED TO PARTIES OF SIX OR MORE.

# THAVMA

## MEDITERRANEAN GRILL



### FOUNTAIN BEVERAGES

ALL FOUNTAIN DRINKS INCLUDE FREE REFILLS



1.<sup>95</sup>

Pepsi	Diet Pepsi
Unsweetened Iced Tea	Sierra Mist
Lemonade	Ginger Ale

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Poland Spring 16.9oz - 1.<sup>50</sup>  
 S.PELLEGRINO Sparkling Water (1L) - 6.<sup>00</sup>  
 PANNA Still Water (750ml) - 5.<sup>00</sup>

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20oz.		- 2. <sup>25</sup>
Lemon		Diet Lemon
Peach		Diet Peach
Raspberry		Diet Raspberry
Coffee - 1. <sup>50</sup>		Espresso - 2. <sup>50</sup>
Hot Tea - 1. <sup>50</sup>		Cappuccino - 3. <sup>50</sup>
Greek Coffee - 3. <sup>00</sup>		Herbal Tea - 2. <sup>00</sup>
		Frappe - 3. <sup>50</sup>

\* - Also available in Decaf